

GRAN CANARIA WALKING HOLIDAY

JANUARY 2026



**THIS IS 7 DAYS
OF GREAT
WALKING AND A
FANTASTIC
OPPORTUNITY
TO EXPLORE
THIS BEAUTIFUL
ISLAND**

Organisers:

Jerry and Una Lalor

087 215 3689

jerrylalor@gmail.com

The Annual Walking Holiday to Gran Canaria will take place in January 2026.

Date: Friday 23rd - Friday 30th January 2026

HOW THE HOLIDAY WORKS:

- This guided walking holiday is open to all members of the Galway Walking Club. However, please note that it is not organised by the GWC; it is organised by members Jerry and Una Lalor.
- Places on the guided walks are free, but they are limited to 50 people. To avoid disappointment, please book early by contacting Jerry at 087 215 3689 or jerrylalor@gmail.com.
- You will need to book your own flight and accommodation. Below is a list of suggestions to help you.
- You must be in Puerto Rico no later than Thursday, January 22nd.
- The guided walks will start on the morning of Friday, January 23rd.
- We will meet at the McDonald's restaurant in the main center of Puerto Rico at 10:00 a.m. on Friday and at 8:20 a.m. each day thereafter.
- We will meet for the group dinner at Puerto Plata at 6:30 p.m. on Wednesday, January 28th.
- The group BBQ will be at "Big Daddy's" on Friday evening, January 30th (time TBC).

7 DAYS OF GREAT WALKING

- Friday South West
- Saturday Central
- Sunday Caldera De Bandama
- Monday Central
- Tuesday South East
- Wednesday Seamus Grady Memorial Walk
- *Thursday Free Day*
- Friday Bahia Feliz to Mas Palomas

We hope that you can do all 7 walks, if not please let us know!



Links to photos from previous walks in Gran Canaria:

- Puerto Rico <https://goo.gl/photos/P7BmAPaYHZq4C2YC7>
- Santa Lucia: <https://goo.gl/photos/Ygs2JJgCdKiP6Hmv8>
- Roque Nubla: <https://goo.gl/photos/r89huRe5fWkhCcLg7>
- Asserador: <https://goo.gl/photos/vqNKrjZbStpCLcPf8>

ITINERARY

Day	Time	Meeting	C Hill Walks	Ramble
Friday	10.00am	McDonalds	Puerto Rico Walk	Puerto Rico Walk
Saturday	08.20am*	McDonalds	El Asserador	Puerto Rico to Anfi (*10am start)
Sunday	08.20am	McDonalds	Caldera De Bandama	Caldera De Bandama
Monday	08.20am	McDonalds	Roque Nublo	Camel Trail to Maspalomas
Tuesday	08.20am	McDonalds	Santa Lucia	Santa Lucia
Wednesday	10.00am	McDonalds	Seamus Grady Memorial Walk	Seamus Grady Memorial Walk
Wednesday	06.30pm	Puerto Plata	Group Dinner	Group Dinner
<i>Thursday</i>	<i>Free Day</i>			
Friday	08.20am	McDonalds	Bahia Feliz to Mas Palomas	Bahia Feliz to Mas Palomas
Friday	Time TBC	Big Daddy's	Group BBQ	Group BBQ

Daily Requirements:

- 1 litre of water, fruit, and a packed lunch.
- Light fleece, rain jacket, change of boots, walking poles, sunscreen, hat, camera, and walking boots.

Further Information:

- We won't meet as a group every night.
- Group dinner on Wednesday night: meet at Puerto Plata at 6:30 p.m., dinner at 7:00 p.m.
- BBQ on Friday night at "Big Daddy's" (time TBC).
- Wear a fleece at night—it's not summer yet.
- No lunch required on Tuesday.
- A bus is required for 4 days at a cost of €70 per person. This must be settled by the end of October for Jerry to pay the bus company.
- Tip for the bus is included in the bus money.
- Please ensure you have private travel insurance and your EHIC card (formerly E111).



CONTACT NUMBERS

If you decide not to join one of the walks on any particular day, please inform one of the following people so the group is not delayed waiting for you:

Jerry Lalor: 00 353 87 2153689

Una Lalor: 00 353 87 2234559

ADDITIONAL INFORMATION TO HELP YOU WITH YOUR HOLIDAY

LIST OF NEARBY ACCOMMODATION

CUMANA	EDEN APARTMENTS
CANIMA	CALA NOVA
ARIMAR	NIZA APARTMENTS
SOLANA	SERVATUR
HAITI	AQUA SOL
PUERTO PLATA (STUDIO)	MAYAGUEZ
MIRIAM	CAROLINA
BOSTON	CARLOTA
MIAMI	CORONA CEDRAL
CASTILIE DEL SOL	FLORIDA
PUERTOSOL	BLUE STAR

Alternative accommodation booking websites:

Airbnb
trivago.com
booking.com

MEDICAL CENTRE IN PUERTO RICO

ORINOCO MEDICAL CENTRE IS A 24 HOUR CLINIC SITUATED BEHIND THE MAIN BUS STATION. (ENGLISH SPOKEN).

TEL: 00 34 928 560146

PLEASE ENSURE THAT YOU HAVE PRIVATE TRAVEL INSURANCE AND YOUR EHIC CARD WITH YOU!

EMERGENCY NUMBERS

EMERGENCY 112
GARDIA CIVIL 062
HOSPITAL 00 34 928 450000
RED CROSS 00 34 928 569222
TOURIST OFFICE 00 34 928 158894
IRISH CONSULATE 00 34 928 297728
AIRPORT 00 34 928 579130

FLIGHTS:

Ryanair and Aer Lingus fly from Dublin to Gran Canaria on Tuesdays, Thursdays and Saturdays.

Ryanair flies from Shannon to Gran Canaria on Mondays.

SUGGESTIONS FOR FREE TIME:

- Boat trip to Mogan available from the pier. (approx. €11 Return, trip takes 30 mins)
- Short walk to Amadores along the coastal path, approx. 20 mins, have lunch there and walk back.
- Trip to the market in Arguineguin (Market every Tuesday from 8.00am - 2.00pm)
- Trip to Atlantico Shopping Centre Bus No 1 from Bus Station (about 70 mins)
- Spa in Gloria Palace Hotel
- Day Trip to Las Palmas

WE LOOK FORWARD TO HAVING YOU JOIN US THIS JANUARY!